

fine motor

grasping

holding

rattle

pick up toys

GROSS MOTOR

rolling over

dancing

"walking"

kick piano

tummy time

MUSIC

Head Shoulders

Itsy Bitsy Spider

ABC's

Down by the Bay

Daytime

Activities

4 Months

SENSORY

water play

mirror time

touch different textures

play outside

LANGUAGE

conversation

narration

point & name objects

books